



Fall 1 2023 - 8 weeks 8/28 to 10/22

No Class 9/9 see back for details

Directors Rockne Brubaker rockne@fvia.us & Stefania Berton stefania@fvia.us

Free skate times: Tuesday 5:40p - 5:50p Thursday 6:10p - 6:30p



Tuesday Classes		
Learn to Skate 1	5:10 - 5:40pm	\$137.00
Learn to Skate 2	5:10 - 5:40pm	\$137.00
Learn to Skate 3	5:10 - 5:40pm	\$137.00
Basic Skills 1	5:10 - 5:40pm	\$137.00
Basic Skills 2	5:10 - 5:40pm	\$137.00
Basic Skills 3	5:50 - 6:30pm	\$147.00
Basic Skills 4	5:50 - 6:30pm	\$147.00
Basic Skills 5	5:50 - 6:30pm	\$147.00
Basic Skills 6	5:50 - 6:30pm	\$147.00
Pre-Freeskate	5:50 - 6:30pm	\$159.00
Freeskate 1	5:50 - 6:30pm	\$171.00
Freeskate 2	5:50 - 6:30pm	\$171.00
Freeskate 3	5:50 - 6:30pm	\$171.00
Freeskate 4	5:50 - 6:30pm	\$171.00
Freeskate 5	5:50 - 6:30pm	\$171.00
Freeskate 6	5:50 - 6:30pm	\$171.00
Therapeutic Skating	6:30 - 7:00pm	\$137.00
Fox Valley Aces	5:50 - 6:30pm	\$147.00
Adult Beginner	6:30 - 7:00pm	\$147.00
Family Fun	6:30 - 7:00pm	\$91.00
Ballet	5:10 - 5:40pm	\$101.00
Hockey 1	5:10 - 5:40pm	\$137.00
Hockey 2	5:10 - 5:40pm	\$147.00
Teen Hockey	5:50 - 6:20pm	\$147.00
Skating w/ a Stick n Puck	6:25 - 7:00pm	\$171.00

Thursday Classes		
Learn to Skate 1	6:30 - 7:00pm	\$137.00
Learn to Skate 2	6:30 - 7:00pm	\$137.00
Learn to Skate 3	6:30 - 7:00pm	\$137.00
Basic Skills 1	6:30 - 7:00pm	\$137.00
Basic Skills 2	6:30 - 7:00pm	\$137.00
Basic Skills 3	5:30 - 6:10pm	\$147.00
Basic Skills 4	5:30 - 6:10pm	\$147.00
Basic Skills 5	5:30 - 6:10pm	\$147.00
Basic Skills 6	5:30 - 6:10pm	\$147.00
Pre-Freeskate	5:30 - 6:10pm	\$159.00
Jump & Spin	5:30 - 6:10pm	\$171.00
Hockey 1	6:30 - 7:00pm	\$137.00
Hockey 2	6:30 - 7:00pm	\$147.00
Advanced Hockey 1 (H3)	5:30 - 6:10pm	\$159.00
Advanced Hockey 2 (H4)	5:30 - 6:10pm	\$159.00

Saturday Classes - SKIP 9/9/2023		
Parent/Tot	11:20 - 11:50am	\$137.00
Learn to Skate 1	9:30 - 10:00am	\$137.00
Learn to Skate 1	10:10 - 10:40am	\$137.00
Learn to Skate 2	10:10 - 10:40am	\$137.00
Learn to Skate 3	10:10 - 10:40am	\$137.00
Basic Skills 1	9:30 - 10:00am	\$137.00
Basic Skills 1	10:40 - 11:10am	\$137.00
Basic Skills 2	10:40 - 11:10am	\$137.00
Basic Skills 3	9:30 - 10:10am	\$147.00
Basic Skills 4	9:30 - 10:10am	\$147.00
Basic Skills 5	9:30 - 10:10am	\$147.00
Basic Skills 6	9:30 - 10:10am	\$147.00
Pre-Freeskate	9:30 - 10:10am	\$159.00
Freeskate 1	8:30 - 9:10am	\$171.00
Freeskate 2	8:30 - 9:10am	\$171.00
Freeskate 3	8:30 - 9:10am	\$171.00
Freeskate 4	8:30 - 9:10am	\$171.00
Freeskate 5	8:30 - 9:10am	\$171.00
Freeskate 6	8:30 - 9:10am	\$171.00
Therapeutic Skating	10:40 - 11:10am	\$137.00
Adult Advanced	8:30 - 9:10am	\$147.00
Teen Learn to Skate	11:20 - 11:50am	\$147.00
Intro to Ice Dance	11:20 - 11:50am	\$147.00
Hockey 1	10:40 - 11:10am	\$137.00
Hockey 2	10:40 - 11:10am	\$147.00
Advanced Hockey 1 (H3)	9:30 - 10:10am	\$159.00
Advanced Hockey 2 (H4)	9:30 - 10:10am	\$159.00
Skating w/ a Stick n Puck	8:30 - 9:10am	\$171.00

30% discount for a second class for the same child. Please register at the front desk to receive the discount, 630-262-0690 choose option 4

***All skaters MUST have a current USFS basic skills membership for the 23-24 season \$22 - Register at www.fvia.us by clicking on membership.**

Payment is required at the time of registration. **REFUNDS WILL NOT BE GIVEN AFTER THE START OF THE SESSION.** Class sizes are limited and determined by the date of registration. Wait lists are available for all classes so please check with the rink office to request wait list status. Classes may be combined, added, or cancelled based on enrollment.

Skate rental available \$4 each week or 10 rentals for \$30. We do not offer helmet rentals.

Class Descriptions							
Level	Ages	Prerequisite	Skills/Descriptions	Level	Ages	Prerequisite	Skills/Descriptions
Parent/Tot	3 - 5	N/A	Sitting & standing on & off the ice, marching in place & forward, glides, dip in place, with a parent.	Jump & Spin	6 and up	Basic 6	This class focuses on the skills necessary to master higher level jumps & spins.
Learn to Skate USA 1	3 - 5	N/A	Sitting & standing on & off the ice, marching in place & forward, 2-foot glide dip in place	Ballet	N/A	N/A	Our ballet class focuses on stretches and positions to help skaters achieve strength and lines to further their skating skills and on ice presence.
Learn to Skate USA 2	3 - 5	LTS USA 1	Marching & gliding, dip with moving, backward walking, backward wiggles, forward swizzles, snowplow stop in place	Intro to Ice Dance	N/A	N/A	This class will give an introduction to the discipline of ice dance by learning steps, rhythms and patterns of the different types of ice dances.
Learn to Skate USA 3	3 - 5	LTS USA 2	Forward skating, forward 1-foot glides, forward swizzles, backward 2-foot glide, moving snowplow stops	Fox Valley Aces	N/A	Basic 2	This club is designed to support male figure skaters on the ice and off. Join to better your skating, leave with life long friends!
Basic 1	6 and up	N/A	Sit & stand up, march forward, forward 2-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stop	Therapeutic	3 and up	N/A	This class is designed for people with intellectual disabilities or physical impairments who wish to learn how to skate.
Basic 2	6 and up	Basic 1	Scooter pushes, forward 1-foot glides, backward 2-foot glides, rocking horse, backward swizzle, 2-foot turns in place, moving snowplow stop	Family Fun Learn to Skate	3 and up	N/A	Have fun and learn to skate with your family!
Basic 3	6 and up	Basic 2	Forward stroking, forward pumps, moving forward-to-backward 2-foot turns, backward 1-foot glides, backward snowplow stop, forward slalom	Adult Learn to Skate	17 and up	N/A	This class is designed for skaters ages 17 and up who wish to learn at their own pace, regardless of level or prior skating experience.
Basic 4	6 and up	Basic 3	Forward outside & inside edges on a circle, forward crossovers, backward pumps, backward 1-foot glides, beginning 2-foot spin	Teen Learn to Skate	9 - 17	N/A	This class is designed for skaters between the ages of 9 - 17 who wish to learn at their own pace, regardless of level or prior skating experience.
Basic 5	6 and up	Basic 4	Backward outside & inside edges on a circle, backward crossovers, forward outside 3-turn, advanced 2-foot spin, hockey stop				
Basic 6	6 and up	Basic 5	Forward inside 3-turn, moving backward-to-forward 2-foot turns, backward stroking, beginning 1-foot spin, T-stops, bunny hop, forward spirals on a straight line	Level	Ages	Prerequisite	Skills/Descriptions
Pre-Freeskate	6 and up	Basic 6	Forward inside open mohawk, backward crossovers to back outside edges, edge transitions, combination move, 1-foot upright spin, mazurka, waltz jump	Hockey 1	6 and up	N/A	The class is designed to teach the fundamentals of skating specifically related to hockey. Proper skating techniques and stopping are the primary focuses.
Freeskate 1	6 and up	Pre-Freeskate	Forward perimeter stroking, backward outside & inside edges, backward outside 3-turn, upright spin from backward crossovers, half flip, toe loop, waltz jump sequence	Hockey 2	6 and up	Hockey 1	The class is designed to teach the fundamentals of skating specifically related to hockey. Proper skating techniques and stopping are the primary focuses.
Freeskate 2	6 and up	Freeskate 1	Alternating forward outside & inside spirals, backward outside & inside edges, backward inside 3-turn, beginning back spin, half lutz, salchow	Advanced Skating 1 (H3)	6 and up	Hockey 2	This class is for hockey players. This class will cover strides, edges, transitions, quick starts, forwards and backwards skating and more. Helmets are required.
Freeskate 3	6 and up	Freeskate 2	Alternating backward crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz 3's, advanced backspin, loop jump, waltz-toe loop combo	Advanced Skating 2 (H4)	6 and up	Adv Skating 1	This class is for hockey players. This class will cover strides, edges, transitions, quick starts, forwards and backwards skating and more. Helmets are required.
Freeskate 4	6 and up	Freeskate 3	Forward power 3-turns, waltz 8, upright change foot spin, sit spin, half loop, flip	Skating with a Stick & Puck	6 and up	Hockey 2	This class develops the techniques of stick handling, shooting and passing. A stick, hockey gloves and a helmet with a cage are required for this class.
Freeskate 5	6 and up	Freeskate 4	Backward outside 3-turn/mohawk sequence, 5-step mohawk sequence, camel spin, waltz-loop, lutz, loop-loop	Teen Hockey	9 - 17	N/A	This class is designed for skaters between the ages of 9 - 17 who want to learn to skate and play hockey.
Freeskate 6	6 and up	Freeskate 5	Forward power pulls, creative step sequence, camel-sit spin, layback, attitude or crossfoot spin, waltz-1/2 loop-salchow combo, axel walk-thru & attempt				
Freeskate 7	6 and up	Freeskate 6	Continuing work to land axel, advanced spin positions and moves in the field				

