



Jr Cyclones Hockey

Your path to playing on a team.



Rockne Brubaker

Rockne Brubaker: rockne@fvia.us



Stefania Berton

Winter 2023 8 weeks
Jan 9—March 5
ALL SATURDAY JANUARY 14TH CLASSES WILL
NEED TO BE MADE UP
Registration opens December 28



Sergei Vahmistrovs
Sergei@fvia.us

Learn to Skate 1-3 ages 3-5 \$137

This class is an introduction for young children with no prior skating experience to build confidence while learning the basic skills of skating in an atmosphere of fun using games and ice-safe toys.

Class
Tues 5:10-5:40pm
Thurs 6:30-7:00pm
Sat 9:30 - 10:00am
Sat 10:10 - 10:40am

Teen Hockey ages 9 - 17 \$147

This class continues to teach beginning elements of skating including 1 foot glides, 2 foot jumps, forward swizzles, backwards skating, and beginning work on snow-plow stops.

Class
TUES 5:50- 6:15pm

Hockey Skating 1 ages 6 to 8 \$137

The curriculum is designed to teach the fundamentals of skating specifically related to hockey. Proper skating techniques and stopping are the primary focuses in these classes.

Class
TUES 5:10-5:40pm
THURS 6:30-7:00pm
SAT 10:40—11:10

Hockey Skating 2 ages 6 to 8 \$147

Skating with a Stick and Puck Previously Stick n Puck \$171

This class develops the techniques of stick handling , shooting, and passing. A great second class for skaters in the Jr. Cyclones program. **Prerequisite Hockey Skating 2** A stick, hockey gloves, and helmets with a cage are required for this class.

Class
TUES 6:25-7:00pm
SAT 8:30 - 9:10am

*** Now that you have completed Hockey Skating 1&2 and are ready for Jr. Cyclones Hockey, we have additional advanced skating skills classes for you. These classes are designed to take your skating skills to a more competitive level and are to be completed in addition to Jr. Cyclones.**

Advanced Skating 1 ages 6 & up (formerly hockey 3) \$159

This class is for hockey players. This class will cover strides, edges, transitions, quick starts, forwards & backwards skating and more. Helmets are required.

Class
THURS 5:30- 6:10pm
SAT 9:30 - 10:10am

Advanced Skating 2 ages 6 & up (formerly hockey 4) \$159

***All skaters MUST have a current USFS basic skills membership \$20 - Register at www.fvia.us by clicking on membership. Learn to skate 1 through Advanced Skills**
*** reminder your current USFS membership expires June 30, 2023 a new membership will need to be purchased for all skaters in the summer session**

Pre-Hockey/Advanced Skills \$240

Skaters will learn how to skate with full equipment and proper technique of skating with a stick, and to develop the fundamental hockey skills needed to play on a team. This program will develop and improve skating with the puck, stick handling, passing, shooting, and much more.

Full hockey equipment is required—USFS basic skills membership is required

Prerequisite Hockey Skating 2
THURS: 4:30p --5:20pm

Questions contact Sergei Vahmistrovs at sergei@fvia.us



Skate Rental
Skate Rental will be available for \$4 each week.
Punch card \$30 for 10 rentals
No helmets available

ATTENTION SATURDAY CLASSES: On February 18th, our classes will be on a different schedule. The **9:30** and **10:10am** classes will still meet at their normal time. All **10:40am** classes will meet at **10:10am**. If you cannot make that time, you can schedule a makeup. The **8:30** and **11:20am** classes will not be meeting this day and these classes will need to be made up. To schedule a makeup please stop by the front desk, give us a call at 630-262-0690, or email registration@fvia.us.

Payment is required at the time of registration. **REFUNDS WILL NOT BE GIVEN AFTER THE START OF THE SESSION.** Class sizes are limited and determined by the date of registration. Wait lists are available for all classes so please check with the rink office to request wait list status. Classes may be combined, added, or cancelled based on enrollment.